

▀	Start of route	7.7	0.0
←	L onto Lake Shore Blvd W.	17.1	7.7
←	L onto Meadow Wood Rd	1.2	24.8
→	R onto Orr Rd	1.4	26.0
←	L onto Southdown Rd continue through Oakville & Burlington on Lakeshore Rd	26.3	27.4
☺	OPTIONAL BREAK at Second Cup on Brant St. & Lakeshore Rd.	0.0	53.7
→	R onto Waterfront Trail	3.3	53.7
→	R onto Breezeway Trail. The first R after the bridge	0.5	57.0
□	OPTIONAL washroom and water break. Has big tap for filling up water bottles.	7.8	57.5
→	R onto Grays Rd	0.1	65.4
←	L onto Frances Ave	1.0	65.5
↑	Continue onto Waterfront Trail	0.6	66.5
→	R onto Millen Rd	2.4	67.1
←	L onto Hamilton Regional Rd 8	7.9	69.5

69.5 kilometers. +99/-82 meters

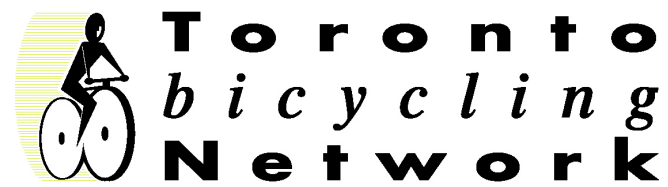
↑	Continue onto Main St W/Niagara Regional Rd 81	5.6	77.3
↑	Continue onto Elm St	0.5	83.0
→	R onto Main St E/Niagara Regional Rd 81	1.2	83.5
☺	LUNCH BREAK at Tim Hortons in Grimsby. On your R (142 Main St. E.).	9.7	84.7
→	R into Malivoire Wine Company	0.2	94.5
→	R onto King St/Niagara Regional Rd 81	6.4	94.7
←	L onto Nineteenth St	1.9	101.1
→	R onto Red Maple Ave	1.5	103.0
←	L onto Fifteenth St	1.1	104.4
←	L onto Honsberger Ave	2.3	105.5
→	R onto S Service Rd	2.1	107.8
←	L onto Seventh Street Louth (signs for Regional Road 34/7th Street Louth)	0.9	109.9
→	R onto Lakeshore Rd W	4.1	110.8

41.3 kilometers. +129/-139 meters

→	R onto Lock St. Optional ice- cream break	0.1	114.8
☺	R onto Lakeport Rd.	0.0	114.9
☺	OPTIONAL: Food & water either at Tim Hortons or Cdn Legion 350 (burgers & fries in their parking lot)	0.9	115.0
←	L onto Lakeshore Rd.	4.5	115.9
⚠	Lift Bridge over Welland canal. Possible delays.	4.5	120.3
→	R onto East & West Line	4.7	124.9
←	L onto Niagara Stone Rd, becomes Mississauga St.	3.6	129.5
→	R onto Queen St. Optional Rest stop & refreshments Niagara On The Lake	12.6	133.1
→	R onto York Rd	0.0	145.7
←	L onto Niagara River Recreation Trail	1.1	145.8
↑	At the roundabout, 3rd exit and stay on Niagara Pkwy	11.3	146.8
→	R onto Murray St. Regroup at Parkette, walk across to see Falls.	0.1	158.1

47.3 kilometers. +434/-327 meters

▀	END of MAIN RIDE: Stop at trees on Murray St., on your L Site seeing at the falls, and then head back up Murray to the supper destination, Applebee's	0.4	158.2
→	R onto Fallsview Blvd	0.7	158.6
→	R onto Ferry St	0.3	159.3
↑	Continue onto Victoria Ave, dine at Applebee's	0.8	159.5
→	R onto Palmer Ave	0.2	160.4
→	R onto Olympic Torch Run Legacy Trail	1.4	160.5
→	R onto Huron St	0.1	161.9
←	L onto Zimmerman Ave	0.3	162.0
←	L onto Bridge St towards the GO/VIA Train Station	0.1	162.3
▀	End of route	0.0	162.4

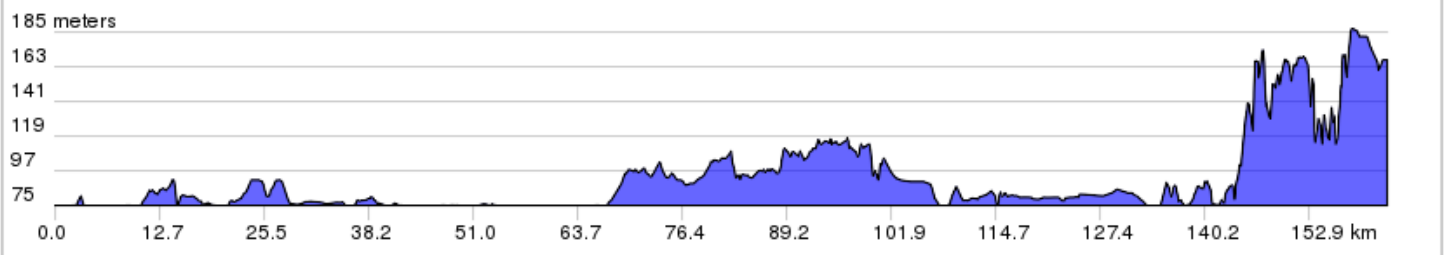
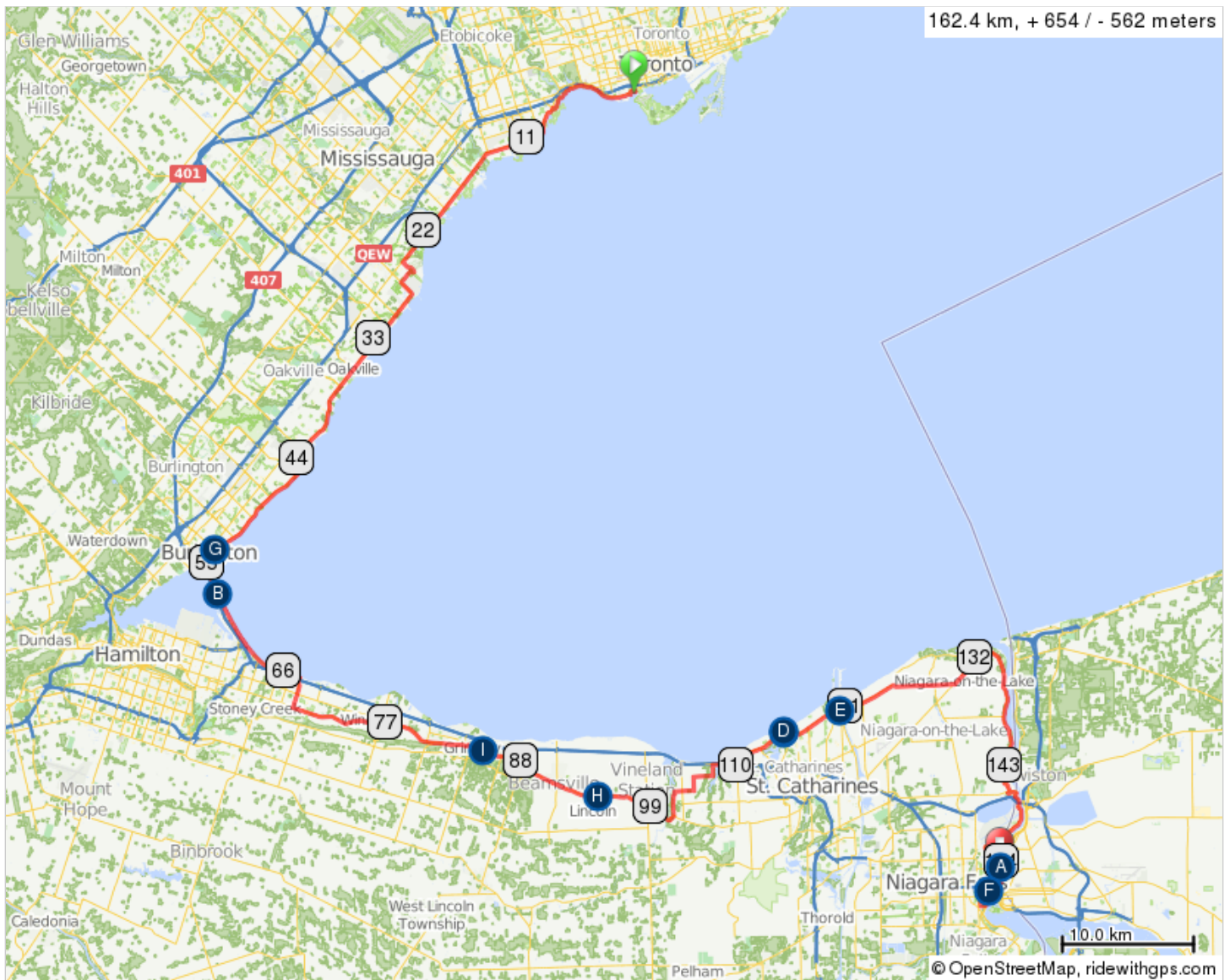


4.4 kilometers. +11/-31 meters

TBN Tourist Ride: Toronto to Niagara Falls 2014



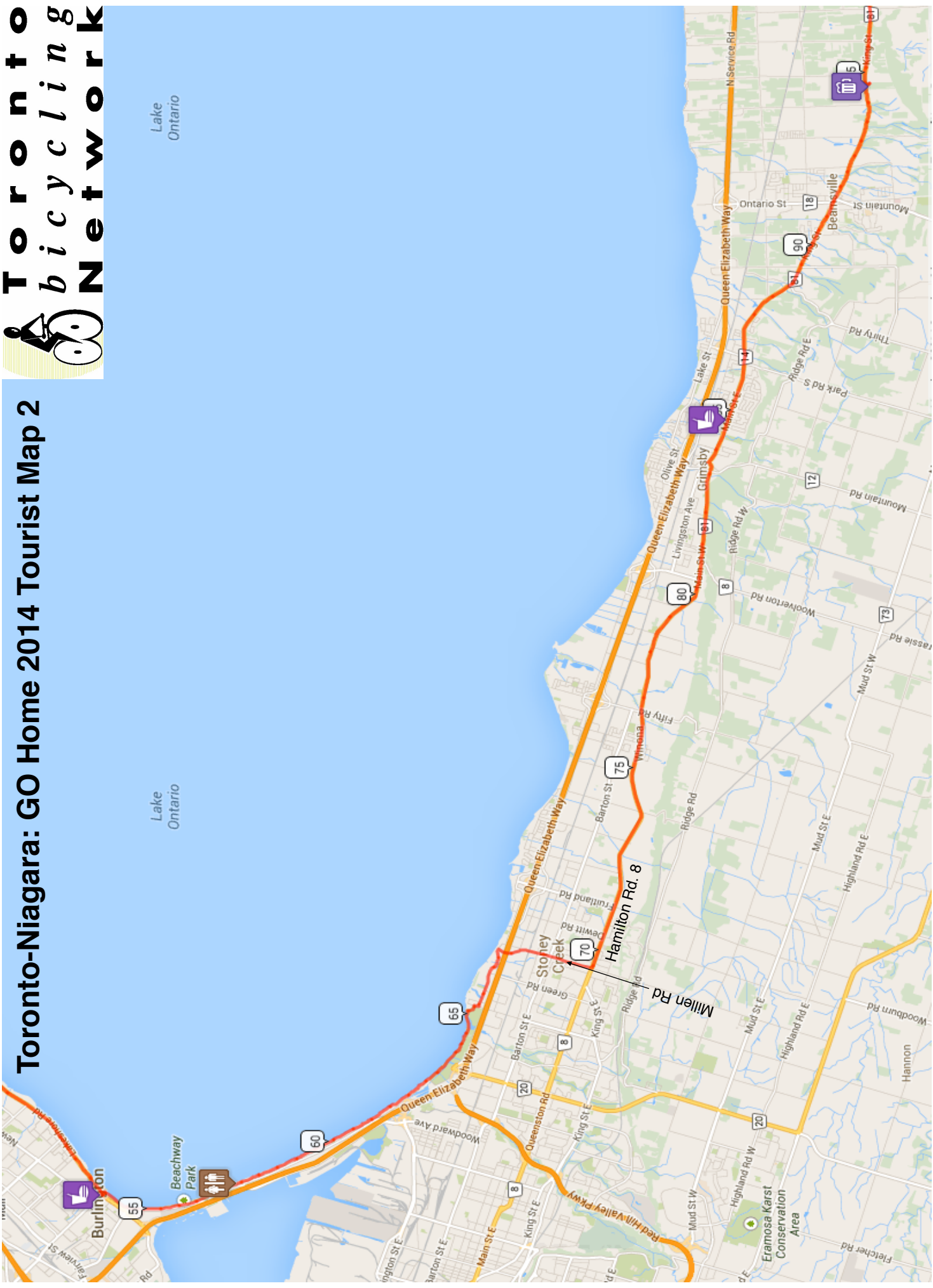
A.	GO Train Station	F.	Applebee's, for dinner.
B.	Optional Restroom & Water break after the Lift Bridge in Hamilton.	G.	Second Cup, Burlington.
C.	Food Water Break CDN Legion 350	H.	Malivoire Wine Company 4260 King St Lincoln, ON L0R 1B0
D.	Food Water Break, Tim Hortons	I.	Tim Hortons
E.	Lift Bridge on Welland Canal		



Toronto-Niagara: GO Home 2014 Tourist Map 2

Lake Ontario

Lake Ontario



TBN Toronto-Niagara GO Home 2014 Tourist Map 3

